

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Torfs Agnes

Coaches: Claassen Benny HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BACKSTROKE WOMEN 15-16		Heat:2, starttime: 09:01
Heat: 2/5 Lane : 5 Athlete: LAMBRECHTS LOES		Q-time: 00:39:17
PB (50m pool): 00:39.17 Antwerpen 20/04/2025 PB (25m pool): 00:38.23 SB: no time		
	5 0 M	
PB	00:39.17	
	00:39.17	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 15-16		Heat:2, starttime: 09:08
Heat: 2/5 Lane : 5 Athlete: WILLEMS RUBEN		Q-time: 00:42:24
PB (50m pool): 00:42.24 Wezenberg 05/01/2025 PB (25m pool): 00:40.65 SB: no time		
	5 0 M	
PB	00:42.24	
	00:42.24	
		

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16		Heat:5, starttime: 09:47
Heat: 5/6 Lane : 2 Athlete: LEMMENS NOAH		Q-time: 01:20:05
PB (50m pool): 01:21.68 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:20.05 SB: no time		
	5 0 M	1 0 0 M
PB	00:38.13	01:21.68
	00:38.13	00:43.55
		

Coach feedback:

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Event number: 13: 100M BREASTSTROKE WOMEN 15-16			Heat:3, starttime: 10:42
Heat: 3/6 Lane : 5 Athlete: LAMBRECHTS LOES			Q-time: 01:30:03
PB (50m pool): 01:33.37 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:30.03 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.13	01:33.37	
	00:44.13	00:49.24	
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:4, starttime: 10:56
Heat: 4/6 Lane : 6 Athlete: LEMMENS NOAH			Q-time: 01:15:22
PB (50m pool): 01:17.55 Antwerpen 13/07/2025 PB (25m pool): 01:15.22 SB: no time			
	5 0 M	1 0 0 M	
PB	00:36.11	01:17.55	
	00:36.11	00:41.44	
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:5, starttime: 10:57
Heat: 5/6 Lane : 6 Athlete: WILLEMS RUBEN			Q-time: 01:09:61
PB (50m pool): 01:13.18 Mol 22/06/2025 PB (25m pool): 01:09.61 SB: no time			
	5 0 M	1 0 0 M	
PB	00:33.40	01:13.18	
	00:33.40	00:39.78	
			

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16			Heat:3, starttime: 11:27
Heat: 3/4 Lane : 3 Athlete: LEMMENS NOAH			Q-time: 00:35:47
PB (50m pool): 00:35.47 Antwerpen 13/07/2025 PB (25m pool): 00:35.19 SB: no time			
	5 0 M		
PB	00:35.47		
	00:35.47		
			

Coach feedback: